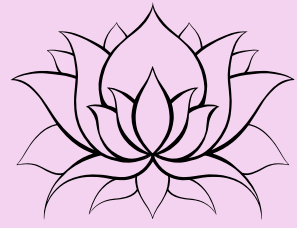
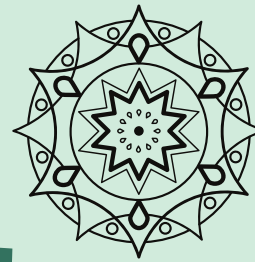


Lundi



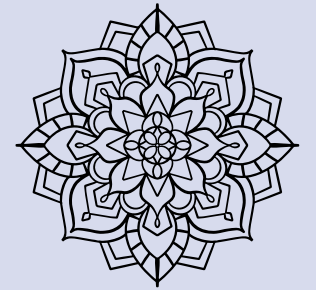
18H15 - 19H30 HATHA YOGA
19H45 - 21H00 HATHA YOGA

Mardi



18H15 - 19H30 ASHTANGA DÉBUTANTS
19H45 - 21H00 ASHTANGA AVANCÉS

Mercredi



9H00 - 10H15 HATHA YOGA



17H45 - 19H00 ASHTANGA TOUS NIVEAUX
19H15 - 20H30 ASHTANGA TOUS NIVEAUX

Jeudi



18H30 - 19H45 HATHA YOGA

Vendredi



18H15 - 19H30 HATHA YOGA

Samedi

ATELIERS A THÈME

